Personal Safety



Personal Safety

When on Transit

- Thieves are on the lookout for computers, phones, jewelry and valuables.
- Pay attention to your surroundings and avoid falling asleep.
- Keep all personal belongings close by.
- If there is a problem on the bus or train, notify the driver and/or call 9-1-1.

When Walking

- · Pay attention to your surroundings.
- Look up, look around and avoid looking down at your phone.
- Walk with purpose and confidence.
- Consider minimizing the items you carry.
- Hide valuables and jewelry, if possible.

If Someone Approaches You

- If a car follows you, don't approach it.
 Instead turn and walk the opposite direction.
- If someone demands your wallet or phone, it's always safer to hand it over than to risk injury.
- If someone tries to grab you, make a scene.
 Scream, kick, fight. Do what you can to get away. Make noise. Yell "Help! Police!"

Key Tip:

Trust your intuition. If something doesn't feel right, leave. Give yourself permission to act.



